

AHRQ/ECHO National Nursing Home COVID-19 Action Network Continuation Phase

Resources for Point of Care Staff, By Module

COVID-19 Ongoing Identification and Treatment

All Staff

- [How to Protect Yourself & Others](#)
- [Huddle Tool](#)
- [Interim Infection Prevention and Control Recommendations to Prevent SARS-CoV-2 Spread in Nursing Homes](#)

Clinical and Operational Staff

- [Monoclonal Antibody Treatment](#)

Post-Vaccination Practices

All Staff

Resource	Description
CMS Nursing Home Visitation – COVID-19 (revised 3-10-2021)	Find CMS visitation guidance and requirements for indoor, outdoor, outbreak, compassionate care, community prevalence considerations
CDC Updated Healthcare Infection Prevention and Control Recommendation in Response to COVID-19 Vaccinations	Find information, recommendations and national guidance for health care providers on infection prevention and control in response to vaccinations and post vaccination
CDC Using Personal Protective Equipment (PPE)	Find information and recommendations on PPE use in health care settings for COVID-19
CDC Videos on COVID-19	View a full catalog of short videos on COVID-19, core principles of infection prevention for COVID-19, designed for all staff and leadership.
APIC COVID-19: Get the Facts Straight and Vaccinate	Access a fact sheet that outlines myths and facts on COVID-19 vaccination.
AMDA Interim Recommendations for Communal Activities and Visitation	Find interim recommendations from The Society for Post-Acute and Long-Term Care Medicine (AMDA) on communal activities and visitation processes.

Clinical and Operational Staff

Resource	Description
CDC Video COVID-19 Social Distancing	Access a short video for health care personnel on social distancing.
CDC Video Clean Hands: Combat COVID-19!	Access a short video for health care personnel on proper hand hygiene.
CDC Video Use of PPE Correctly for COVID-19	Access a short video for health care personnel on correct PPE use.
CMS Targeted COVID-19 Training for Nursing Homes	Access a full catalog of short videos by CMS on COVID-19 and core principles of infection prevention for COVID-19 for direct care staff.

Emotional and Organizational Support for Staff

All Staff

Resource	Description
A Guide to Promoting Health Care Workforce Well-Being During and After the COVID-19 Pandemic	“This guide provides ideas and lessons learned to improve the well-being of the health care workforce, including actions that individuals, leaders, and organizations can take to support the health care workforce during the COVID-19 pandemic and beyond.” (From www.IHI.org)
Tool: Promote Health Care Workforce Mental Health and Well-Being	“Visual graphic is designed to be posted for staff to see and use daily, and for team leaders to reference and use to create the enabling conditions for key recommendations to be successful.” (From IHI.org)
It's OK to be OK: how to stop feeling 'survivor guilt' during COVID-19 (theconversation.com)	Article that addresses survivor guilt.
The Covid-19 Symptoms No One Talks About Elemental (medium.com)	Psychological implications of COVID-19.
The Trouble with Mourning The Fearless Heart	Blog post by Sarah Peyton on The Fearless Heart website by Miki Kashtan. The author talks about the practice of mourning and how it is an essential part of humanity.
SAMHSA's National Helpline Find Treatment SAMHSA	This Helpline provides 24-hour free and confidential treatment referral and information about mental and/or substance use disorders, prevention, and recovery in English and Spanish. <i>Suggestion - request materials that can be posted in the facility and to have available for staff.</i>
Suicide Prevention Lifeline Lifeline (suicidepreventionlifeline.org)	The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals. <i>Suggestion - request materials that can be posted in the facility and to have available for staff.</i>

National Domestic Violence Hotline Search Our Resources - The Hotline	The National Domestic Violence Hotline provides essential tools and support to help survivors of domestic violence so they can live their lives free of abuse. This is a free resource and offers services in over 200 languages. <i>Suggestion - request materials that can be posted in the facility and to have available for staff.</i>
Some examples of empathic listening Nonviolent Communication explained by Marshall Rosenberg - YouTube	YouTube video on empathic listening by Marshall Rosenberg, PhD
How You Can Use the NVC Process Nonviolent Communication (wellcoach.com)	A handout on how to use the Nonviolent Communication Process (NVC) to increase emotional intelligence.

Ongoing Compliance with Vaccination and Testing

All Staff

Resource	Description
CDC COVID-19 Vaccination	Find information for COVID-19 vaccination administration, storage and handling, reporting, and patient education for each specific vaccine.
AMDA-The Society for Post-Acute & Long-Term Care Medicine's COVID-19 Vaccine Toolkit www.paltc.org/COVID19-Toolkit	Find educational resources, recent guidance, and policy updates regarding the COVID-19 Vaccines.

Point of Care Staff

Resource	Description
Long-Term Care Community Champions: Voices from the Front Line https://www.youtube.com/watch?v=k0WbAhveyDY	This brief video from CMS highlights long-term care staff who moved from being initially uncertain about receiving the COVID-19 vaccine to accepting it and encouraging their peers to do the same.

Supporting the Psychosocial Wellbeing of Residents and Families or Care Partners

All Staff

Resource	Description
A Guide to Promoting Health Care Workforce Well-Being During and After the COVID-19 Pandemic	"This guide provides ideas and lessons learned to improve the well-being of the health care workforce, including actions that individuals, leaders, and organizations can take to support the

	health care workforce during the COVID-19 pandemic and beyond.” (From IHI.org)
Tool: Promote Health Care Workforce Mental Health and Well-Being	“Visual graphic is designed to be posted for staff to see and use daily, and for team leaders to reference and use to create the enabling conditions for key recommendations to be successful.” (From IHI.org)
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Leadership Communication During COVID-19

Point of Care Staff

Resource	Description
What is Alzheimer’s disease	Short video clearly and simply explains Alzheimer’s disease for point of care staff.
Consistent assignment	Tip sheet offers ways to implement and sustain consistent assignment of point of care staff.

Leadership Practices and Behaviors to Support Teams During COVID-19

All Staff

Resource	Description
https://www.ptsd.va.gov/covid/index.asp	“The coronavirus (COVID-19) pandemic can take an emotional as well as a physical toll. There are strategies that can help with the stress, grief, and anxiety that many people are feeling. This section links to information and resources to support self-care, the work of providers, and community efforts.”

Point of Care Staff

Resource	Description
http://www.ihl.org/education/WebTraining/Webinars/Pages/caring-for-caregivers.aspx	“The COVID-19 pandemic has resulted in an

	unprecedented 'second wave' of mental health and well-being concerns, especially for our caregivers on the front lines. This free Caring for Caregivers IHI Virtual Learning Hour special series, presented in partnership with Well Being Trust (WBT), featured topics related to the prevention, prediction, and mitigation of poor caregiver mental health and well-being, and was guided by experts in the field."
https://www.theschwartzcenter.org/webinar/caring-for-yourself-others-during-the-covid-19-pandemic-managing-healthcare-workers-stress	Caring for yourself and others during the COVID-19 pandemic: Managing healthcare workers' stress

Stopping the Spread of COVID-19

All Staff

- [How to Protect Yourself & Others](#)
- [Huddle Tool](#)
- [Interim Infection Prevention and Control Recommendations to Prevent SARS-CoV-2 Spread in Nursing Homes](#)
- [CDC Hand Hygiene](#)

Clinical and Operational Staff

- [Monoclonal Antibody Treatment](#)
- [AHRQ: A Unit Guide to Infection Prevention](#)
- [CDC: Core Elements of Antibiotic Stewardship](#)