

The IHI Open School is an online learning community where you can take free courses, earn a certificate, network with peers and experts, and gain confidence and skills in quality and safety to change health care.

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Trevor Torres and the Perks of Diabetes

Meet Trevor Torres, age 16. He has eczema and asthma, suffers from sleep deprivation, and is allergic to nuts. But the fun one, Trevor says, is type 1 diabetes.



He isn't angry about his medical conditions or the inconveniences they cause. In fact, it's the opposite. In this video, Trevor shares four things -- two reasons why he would recommend type 1 diabetes to anyone and two pieces of practical advice for health care providers. [Take five minutes and get to know Trevor](#) as a patient and as a person. He'll make you laugh and, perhaps, give you a fresh perspective on health care.

Blog Roundup: PDSA Cycles, Health Care Costs, and HIV



Colleen, the medical student working on her first improvement project, implemented several small changes after her second PDSA cycle showed little results. This week, [read about the improvements](#) she's finally seeing in the ICU.

(Make sure to check back next Wednesday for the final blog post in Colleen's series about her progress as a student trying to make a change in the health care system.)

And this week on other IHI blogs:

- Jeff Selberg, IHI's Executive Vice President and COO, [calls for finance reform to include value improvement](#) in a response to the *TIME Magazine* cover story, "Bitter Pill: Why Medical Bills Are Killing Us."
- Pierre Barker, MD, IHI Senior Vice President, [discusses closing in on the "last mile" of HIV prevention](#) for infants: reliable health programs to protect babies from their mothers' infected breast milk.

Improving Quality for 25 Years...

The goal of improving patient care has always been the center of quality improvement, but evolving systems require new tools that eliminate waste and promote better care, better health, and lower cost. [Watch this video of Don Berwick and Maureen Bisognano](#) discussing how much has changed in quality improvement during the last twenty five years.



Community Updates

Welcome, New Chapters



International
South Thames Deanery, **England**

IHI Open School's Student Quality Leadership Academy is Approaching

There's still time to apply to attend the 4th Annual IHI Open School Student Quality Leadership Academy, which will take place June 13-14 in Cambridge, MA. Dr. Donald M. Berwick, President Emeritus and Senior Fellow at IHI and Former Administrator of the Centers for Medicare and Medicaid Services, will lead the Leadership Academy, which is sponsored by the Robert Wood Johnson Foundation.

The two-day program is designed for students and residents to build leadership competencies within all health professions. IHI Open School Chapter Leaders and members are encouraged to apply to attend this program as this is a leadership development opportunity that can help you grow your Chapter. Students who are not in Chapters are also eligible.



The deadline to apply is April 12. [Click here](#) to learn more and submit your application.

Keep the IHI Open School team in the loop! Tell us what your Chapter is planning at openschool@ihi.org and you may be featured in our next newsletter!