Aka and *Wait Wait Don’t Tell Me*

Aka’s improvement project was to become better informed in the New Year. She tried different methods of absorbing news such as reading the newspaper in the morning and listening to different news apps while commuting. She knew she had met her goal when she answered 90% of the *Wait Wait Don’t Tell Me* (a current events quiz show) questions correctly.

**Aka’s Improvement Project**

- **Aim:** Improve my understanding of current world events by increasing my engagement with news sources.

- **Outcome Measure:** Percent of *Wait Wait Don’t Tell Me* questions answered correctly each week.

- **PDSA #1:** Read NYT every morning prior to work for 20 minutes.

**PDSA #6:**

*Listen to Stitcher Mobile App*

- **Act:** Continue to use Stitcher, watch for failures in practice, design next tests around them.

**Plan:**

- Download Stitcher App, customize to play favorite stations, including BBC, commute, NPR daily news, Friday’s VOA Point, *Wait Wait Don’t Tell Me*.

**Study:**

- Great way to listen to favorite radio stations, no need to manually update shows or switch apps.

**Do:**

- Listen to BBC commute on morning commute.

**Listen to Stitcher Mobile App on AM Commute**

<table>
<thead>
<tr>
<th>Measures</th>
<th>August 17th</th>
</tr>
</thead>
<tbody>
<tr>
<td># minutes spent absorbing news</td>
<td>35</td>
</tr>
<tr>
<td># minutes of sleep lost</td>
<td>5</td>
</tr>
<tr>
<td><em>Wait Wait</em> daily question</td>
<td>Correct</td>
</tr>
</tbody>
</table>

**Increasing engagement w/ news sources**

- **Balancing Measures**
  - Number of minutes of sleep lost
  - Guilt scale
  - Joy scale

**End Results**

“It’s been six months since I started, and I still enjoy getting a better score on *Wait Wait Don’t Tell Me* than my friends every week.” - Aka