

What's Your Working Style?

Learning Objectives

- Recognize the value of knowing your working style.
- List four different types of working styles.
- Discuss several traits associated with four different working styles: analytical, driver, amiable, and expressive.

Description: Do you like organization and structure? Perhaps you prefer to work slowly and cohesively with others? Or maybe you're a spontaneous risk-taker? What does that say about your working style — and how you might work with others? IHI faculty member Kathy Duncan, RN, walks viewers through the traits and behaviors associated with four different working styles and presents a valuable tool you can use with your team today.

Watch the video at <https://youtu.be/hMyVwzQusKQ> or [read the transcript](#).

Complete the Working Styles Questionnaire at <http://www.ihl.org/education/IHIOpenSchool/resources/Documents/KathyDuncanWorkstylesInventoryHRET.docx>

Discussion Questions

1. What is your working style? Did the results from the questionnaire surprise you?
2. How do you think your working style helps you and your team, and how do you think it holds you back?
3. Which type of working style is easiest for you to work with? Why?
4. Which type of working style is most difficult for you to work with? Why?
5. Why is it valuable to know your teammates' and colleagues' working styles?