

# **Open School**

# Video Activity: What are the barriers to partnering with patients?

(http://www.ihi.org/education/IHIOpenSchool/resources/Pages/Activities/Balik-TruePartnersInHealthCare.aspx)

Barbara Balik, RN; IHI Senior Faculty, Common Fire Healthcare Consulting

#### **Facilitator Instructions**

- Review the learning objectives and description with your group.
- Watch the video together (2 min 47 sec).
- As a group, discuss your reactions to the video, using the discussion questions as a guide.

#### **Learning Objectives**

At the end of this activity, you will be able to:

- Discuss the barriers to providers partnering with patients.
- Explain the obstacles to partnering with patients at an organizational level.
- Identify at least one question to ask patients to help build partnerships.

#### **Description**

In this video, Barbara Balik, RN, explains some of the barriers to building partnerships with patients on the level of the provider-patient relationship and on the level of an organization. She discusses the role of health education, organizational culture, and leadership in creating culture that either discourages or fosters patient partnerships.

# **Related IHI Open School Online Courses**

- PFC 101: Dignity and Respect
- PFC 102: A Guide to Shadowing: Seeing Care Through the Eyes of Patients and Families

## **Key Topics**

Engage patients and families in care, Person- and family-centered care, Quality improvement, Redesign processes and systems, Satisfaction: patient and family

**Facilitator**, show the video on this page. For your group's discussion after the video, feel free to adjust these questions and/or add your own.

## **Discussion Questions**

- **1.** Of the barriers to partnerships between patients and providers, which do you find the most difficult to overcome? Why?
- 2. What strategies can you think of to help overcome the barriers you just identified?
- **3.** Do you think quality improvement is changing health education and organizational culture to be more conducive to patient-provider partnerships? How?
- **4.** Have you ever asked a patient in a short visit, "What's most important to you today?" or "What are you most worried about?" What did you learn? Did the conversation take a long time?